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SEARCH



Finding The Funny In Pregnancy

What to *really* expect when toting your baby bump around town.

By Hope Daniels

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"Are you eating for two?"

"Oh My God! Where did those boobs come from?"

"You are getting so wide!"

Imagine hearing comments like these from family, acquaintances and even random strangers...for nine months straight. Some pregnant women would cry (blame it on the hormones) others would come out swinging (blame it on the hormones) and ONE would write a book (blame it on her sharp sense of humor)!! Emily Van Do, the author of **"Mama Never Told Me,"** spoke to WEtv.com and gives readers and fellow moms-to-be a laugh and quick education on what *really* expect when toting their baby bump around town.

Q: Do you remember the first inappropriate comment you received? How did you feel?

A: Yes! It was, "Where did those boobs come from...?" in front of a hallway-full of people at work! I was mortified!

Q: It's hard to believe that all of the quotes you include in your book are true. How real are they?

A: 100%

Q: When did you realize you needed to expose these unbelievable yet very real remarks to other expecting moms?

A: After I had my son, I found my journal. I read it and laughed out loud! I hoped I could help someone else laugh about it all, too.

Q: How did you keep your sense of humor throughout your pregnancy?

A: Ice cream...THAT, and talking to my family helped, too!

Q: From weight gain to uninvited body transformations, what's the best advice you can give to other moms about staying sane when going through a challenging time?

A: Kick back and keep it in perspective! It seems like the tough stuff will never end, but it does...and you'll come through it a stronger person!

Q: Were there any other encounters you had with strangers that you didn't include in the book, but were memorable.

A: Yes, when I received parenting advice from a homeless man! He was pushing a cart screaming, "You take care of that baby."

Check out some more funny experiences women encountered and how they chose to turn their moments of hysteria into hysterical memories and lessons to pass on.

Take Advantage of Pregnancy Perks (even if you have to fight for them): "I was pregnant with twins and had to run to the grocery store to pick up a few items," Erica B. reminisces. As I was pulling into the "expectant mother" spot a tiny little sports car was already there. I waited for at least 20 minutes until the owner of the car arrived. When I saw who it was, I became enraged. I asked the MAN when he was due and where was he pushing the baby out of?" Lesson learned!

There is always someone bigger than you (even if it's the opposite sex!): Barbara W. remembers how uncomfortable she was when she started showing and knew it was only a matter of time before she had to break the news to her daughter that she was going to be a big sister. "It was easier than I thought," she said. "After I told her mommy was having a baby she kept pointing at my husband's stomach and asking if daddy was going to have one too?"

Blame It On Pregnancy Brain (It works all the time.): Sam C. was 7 months along, alone at home (her hubby was traveling) when her house alarm went off. She ran outside in her PJ's and waited there until the cops arrived. After the house was searched and cleared, a very young and handsome officer asked her if she needed help with anything else.

"I quickly asked him if he could please sleep over? I guess only my pregnancy had made that question even remotely appropriate:)"

Bed rest (It's better than it sounds): Rory J. experienced an easy and blissful pregnancy with her first child, but was utterly shocked when she was forced on bed rest with her second. "How was I going to take care of all my responsibilities when I needed to lie down?" But just like this calm mother has always done in the past, she took her challenge head on and ran her household like a corporation...from the comfort of her couch. As family and friends pitched in, Rory delivered a healthy baby boy not too long after she caught up on all her Netflix rentals and magazine reading material. "You'll never get this R&R time back until your babies are shipped off to college, so I learned to appreciate it."

And the funny doesn't end at birth. For a look at the comedy of motherhood tune into our two new hit shows every Tuesday night. At 9/8c watch *Joan and Melissa: Joan Knows Best?* followed by *A Stand Up Mother* at 10/9c.

BUY THE BOOK! "Mama Never Told Me..." is available at Amazon.com.
Preview the book, by [clicking here](#).

Hope Daniels is a freelance writer based out of the tri-state area. From pets to parenting to pop culture, you can ask her to write about any life topics, just dont ask her for directions!



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